

COVID-19

Community Resource Guide













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2-1-1

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This guide was updated on 3/26 and 3/27 by staff of the Area Agency on Aging (AAA) of the Concho Valley and the Aging and Disability Resource Center (ADRC) of the Concho Valley.

For additional questions or to update, please email: toni@cvcog.org



When Dialing 2-1-1

Option 1 is for local information and resources. Calls are handled statewide, so when calling from the local area, you may not speak with a 211 Concho Valley Information Specialist due to the extremely high call volume. To speak with someone locally, please feel free to complete a referral online, even if you are just seeking information. - Agency Referral Form - http://www.cvcog.org/cvcog/index.php

Option 2 is for Your Texas Benefits (Snap, Medicaid, TANF). From the website, of March 28th, "SNAP and Medicaid: Due to the COVID-19 pandemic, if you recently applied for SNAP or Medicaid or received a notice to call us, you do not need to speak to anyone to complete your application. We will contact you if we need additional information. Current SNAP and Medicaid recipients will have their benefits renewed automatically. No further action is necessary at this time, and recipients will be notified by mail when it is time to renew their benefits. You do not need to call us." Website: www.yourtexasbenefits.com

<u>Option 6</u> is specific to information about COVID-19, including how to find a testing site and additional information related to COVID-19. 211 Information Specialists continue to handle these calls.

COVID- 19 RELATED INFORMATION

FREQUENT WEBSITES TO VISIT

Center for Disease Control and Prevention https://www.cdc.gov

City of San Angelo Public Information – also follow on Facebook https://www.cosatx.us/departments-services/health-services/coronavirus-covid-19

San Angelo Business Resource Page https://sanangelo.org/covid19businessresourcehub/

MEDICAL INFORMATION, SCREENING & TESTING

If you are developing a respiratory illness and need instructions, call your primary care physician, and they will instruct you on how to proceed. If you don't have a primary care provider, here are two local resources to consult from home:

San Angelo Community Hospital:

Phone: 325-245-5000 or visit

https://www.cmadoctors.com/pps-covid-19

Shannon Medical Center

Phone: 325-653-6741 or visit

https://www.shannonhealth.com/education-and-resources/covid-19-information/

Shannon is offering individuals the ability to receive a free assessment for COVID-19 symptoms from their homes through Shannon On Demand. The service is available online 24/7 at www.ShannonOnDemand.com.

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If the Shannon On Demand provider determines a patient should receive further evaluation for COVID-19 testing, they will immediately refer them to the local urgent care clinic or emergency department for additional testing and coordination with state and local health authorities. The provider will contact the facility to inform the intake clinician of the patient's information and their estimated arrival. If they determine a patient needs emergency care, they will contact 9-1-1 and notify the closest hospital.

To start a screening, patients will go to Shannon's telemedicine website at www.ShannonOnDemand.com. To utilize the service on a mobile device, download the free Shannon On Demand app from the Apple or Google Play app stores. Patients then must create an account by following the prompts to set up their screening. Upon reaching the payment screen, enter the code "SHANNONCOVID19," and the screening will be free.

Texas Case Counts Tracker Website:

https://txdshs.maps.arcgis.com/apps/opsdashboard/index.html#/ed483ecd702b4298ab01e8b9cafc8b83

SAN ANGELO FOOD PANTRIES

** Sites below verified 3/27/2020

For an updated list of food pantries, please contact the Concho Valley Food Bank: 325-655-3231. Due to possible modifications to normal operations, as a result of COVID-19, please call ahead or check websites for additional information and updates.

Bethel United Methodist Food Pantry

325-895-4862 115 West Ave. O Mon 9 am – 11 am - Bring own bag

Cross Pointe Fellowship

325-812-6216 4210 Coliseum Dr. 4th Tues 5:30 – 7:30 pm

First United Methodist

325-655-8981 37 E. Beauregard Ave. Should open April 2nd Tues/Thurs 1:00 – 3:00 pm

First Christian Church God's Storehouse Pantry

325-653-4523 29 N. Oakes bags-to-go Mon 11am –3:30pm

Freedom Fellowship Church Food Pantry

325-277-4121 342 S. Chadbourne drive thru style Fri 1:30 – 6:00 pm

Grape Creek UMC Food Pantry

325-234-8580 8045 US HWY 87 N Drive thru, food bags Wed 2 -5pm *For individuals who reside in

*For individuals who reside in Grape Creek, Water Valley and Carlsbad

Harris Ave. Baptist Church Food Pantry

325-655-4443 Call week of 3/30/2020 about services

House of Restoration Food Pantry

325-763-9457 529 W. 48th Call for appt; food boxes to go Fri 9:00 am - Noon

Rust Street Ministries Food Pantry

325-486-1004
Bring Photo ID
Mon - Thurs 10 am – 2 pm; Fri 9 am – Noon
*Check Facebook page for updates; must be able to carry groceries to vehicle

St. Paul Presbyterian Food Pantry

325-653-5691 11. N. Park - Drive thru for food boxes Mon Noon – 1 pm; Wed 5:00 – 6:00 pm

MEALS

City of San Angelo Senior Center

325-481-2798 - 702 S. Chadbourne

Drive thru pick-up for individuals who are 60 years of age and older.

Mon – Fri 11am – 12:30pm; for registered nutrition program customers, \$3 suggested donation. Non-registered individuals may receive a meal for \$6.

If a Senior, 60+ is not currently registered for the Nutrition Program, staff are available at the drive thru to get them registered. Participants stay in their vehicle for pick up.

Meals for the Elderly

Home delivered for individuals who are 65 years of age and older; doctor's note required for individuals under 65. Individual must be primarily homebound, unable to easily prepare meals, and does not have someone that can help prepare meals. **FMI call 325-655-9200 or visit https://www.mealsfortheelderly.org/application**

Neighbors Café

803 Rust Street - Sack lunch available Mon – Fri from Noon – 1:00 pm. Please pick up in the back of the building.

SAISD Meals for Children

Grab and go curb side meals from $11:00-12:30\ p.m.$ Children must be present.

Visit https://www.saisd.org/5055 for campus locations.

EMPLOYMENT/UNEMPLOYMENT/UTILITY ASSISTANCE

Area Agency on Aging of the Concho Valley

325-223-5704 - For those who qualify, one-time utility payment assistance for individuals 60 years of age and older or Caregivers of individuals 60+. Additional services are available for Seniors. If a Senior or Caregiver is in need of curb-to-curb transportation services and is unable to qualify for a program through Concho Valley Transit (CVT) to fund the trip, the AAA may also be able to assist. CVT will provide curb-to-curb (Demand Response service) to individuals authorized by the AAA.

Please visit our website to make a referral: http://www.cvcog.org/cvcog/index.php

Concho Valley Community Action Agency

325-653-2411 – Currently not accepting applications for the City of San Angelo Water Funds. Call for more information about their programs: Utility Assistance, Weatherization, Case Management, Tax Assistance (VITA). http://www.cvcaa.org/

Workforce Solutions of the Concho Valley

Job Seekers Call 325-653-2321 or 1-800-996-7589 for more information or visit www.workintexas.com

Texas Workforce Commission

To apply for Unemployment please call: **1-800-939-6631** or to apply on line please visit https://twc.texas.gov/jobseekers/applying-unemployment-benefits

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SENIOR SHOPPING/ALTERNATIVE GROCERY OPTIONS

*Information was verified with each store on 3/23/2020. Changes may occur due to COVID-19 response.

Chang's Grocer

www.changsgrocer.com Please call 325-450-7345 between 4-5pm, if unable to order online.

Groceries only be available through delivery. No pick-ups allowed; currently only selling 2 of each item per household per day.

Dollar General

Tuesdays 8:00 am-9:00 am

HEB

Every day from 9am-11am; delivery through Favor, \$10 added to each order.

Restricted to Seniors only (60+) for the H-E-B and Favor Senior Support program. Limit orders to 25 items max. Item availability may change. Please be available to respond to your Runner to confirm any substitutions.

Website: https://favordelivery.com/order-delivery/h-e-b-5

Market Street

Mondays and Thursdays from 7:00 am-9:00 am

Sam's Club

Thursdays from 7:00 am-9:00 am

Target

Wednesdays from 8:00 am-9:00 am

Wal-Mart

Tuesdays from 6:00 am-7:00 am

TRANSPORTATION

Concho Valley Transit

325-947-8729 - Call for more information on various program

*follow on Facebook or visit Website: http://www.cvtd.org/programs-eligibility.php